



"As we face this unprecedented situation together, I want to assure you that I'm here to help. Please use this list of resources to help you through these difficult times and stay up to date on the latest information."



Assemblymember **Karen McMahon**

### FINANCIAL SUPPORT & COMMUNITY RESOURCES

TANF: 716-858-8000 • [erie.gov/temporaryassistance](http://erie.gov/temporaryassistance)  
 HEAP: 716-858-7644 • [otda.ny.gov/programs/heap](http://otda.ny.gov/programs/heap)  
 SNAP: 716-858-7239 • [mybenefits.ny.gov](http://mybenefits.ny.gov)  
 Small Business Info: [esd.ny.gov](http://esd.ny.gov)  
 Niagara County Dept. of Social Services: 716-278-8400  
[niagaracounty.com/socialservices](http://niagaracounty.com/socialservices)

### GOVERNMENT

NYS COVID-19 Email Updates: [now.ny.gov/page/s/coronavirus-updates](http://now.ny.gov/page/s/coronavirus-updates)  
 NYS Dept. of Health: 1-888-364-3065 • [coronavirus.health.ny.gov](http://coronavirus.health.ny.gov)  
 Erie County Health Dept. COVID-19 Hotline: 716-858-2929 • [erie.gov/covid19](http://erie.gov/covid19)  
 Niagara County Dept. of Health: 716-439-7430 • [www.niagaracounty.com/health](http://www.niagaracounty.com/health)  
 Town of Amherst: 716-631-7000 • [www.amherst.ny.us](http://www.amherst.ny.us)  
 Village of Williamsville: 716-632-4120 • [www.walkablewilliamsville.com](http://www.walkablewilliamsville.com)  
 Town of Pendleton: 716-625-8833 • [www.pendletonny.us](http://www.pendletonny.us)  
 Erie County Senior Services: 716-858-8526 • [www2.erie.gov/seniorservices](http://www2.erie.gov/seniorservices)  
 Niagara County Office for the Aging: 716-438-4020 • [niagaracounty.com/aging](http://niagaracounty.com/aging)

### UNEMPLOYMENT

NYS DOL: 1-888-209-8124 • [labor.ny.gov](http://labor.ny.gov)

### CHILD CARE

Childcare Resource Network: 716-877-6666 • [wnychildren.org/COVID-19-update](http://wnychildren.org/COVID-19-update)

### EDUCATION

NYS Dept. of Education: [nysed.gov/coronavirus](http://nysed.gov/coronavirus)  
 Higher Education: [hesc.ny.gov/coronavirus](http://hesc.ny.gov/coronavirus)

### HOW YOU CAN HELP

Health Care Volunteer Program: [health.ny.gov/ServNY](http://health.ny.gov/ServNY)  
 Blood Donations: ConnectLife (716) 529-4270 • [connectlife.org](http://connectlife.org)

### FOOD INSECURITY

Meals on Wheels for Seniors: 716-858-8526 • Weekdays 8:30 a.m. - 4:30 p.m.  
 FeedMore WNY: 716-822-2002 • [feedmorewny.org](http://feedmorewny.org)  
 Amherst Tiger's Den Food Pantry @ St. Paul's Lutheran Church: 716-835-0407  
 WIC: 716-218-1484 • [health.ny.gov/prevention/nutrition/wic](http://health.ny.gov/prevention/nutrition/wic)  
 Catholic Charities Food Banks: 716-856-4494 • [ccwny.org/food](http://ccwny.org/food)

### HOTLINES

24-Hour Crisis Hotline: 716-834-3131  
 24-Hour Addiction Hotline: 716-831-7007  
 Erie County Domestic Violence Hotline: 716-862-4357  
 Niagara County Mental Health Crisis: 716-285-3515  
 Niagara County Domestic and Sexual Violence Hotline: 716-433-6716  
 NYS COVID-19 Emotional Support Line: 1-844-863-9314

### MENTAL HEALTH RESOURCES

NYS Office of Mental Health: 1-844-863-9314 • [omh.ny.gov](http://omh.ny.gov)  
 Horizon Health Services: 716-831-1800 • [horizon-health.org](http://horizon-health.org)  
 Mental Health Advocates of WNY: 716-886-1242 • [mhawny.org](http://mhawny.org)

### BUSINESSES

Empire State Development: [esd.ny.gov](http://esd.ny.gov)

### JOB OPENINGS

Erie County: [www2.erie.gov/job-openings-community](http://www2.erie.gov/job-openings-community)  
 Niagara County: [niagaracounty.com/employment](http://niagaracounty.com/employment)

### HEALTH INSURANCE

New York State of Health: [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov)  
 Erie County Medicaid Call Center: (716) 858-6244  
 Niagara County Medicaid Call Center: (716) 278-8400

**My office is here for you:** 5500 Main Street • Suite 216 • Williamsville, NY 14221 • 634-1895 • [McMahonK@nyassembly.gov](mailto:McMahonK@nyassembly.gov)

For updates, visit my website: [www.nyassembly.gov/McMahon](http://www.nyassembly.gov/McMahon)