#### ACTION PLAN IF YOUR IDENTITY IS STOLEN

The Federal Trade Commission has guidance and information for victims of identity theft. *www.identitytheft.gov* 

# PLACE A FRAUD ALERT WITH THESE MAJOR CREDIT BUREAUS

*Experian.com/help* 1-888-EXPERIAN (1-888-397-3742)

*TransUnion.com/credit-help* 1-888-909-8872

*Equifax.com/personal/credit-report-services* 1-800-685-1111

#### ADDITIONALLY:

- 1 Freeze compromised accounts by contacting company fraud departments.
- 2 Change all login, password, and PIN information for compromised accounts.
- 3 Report fraud to the FTC 1-877-438-4338.
- 4 File a report with your local law enforcement.

### **PROTECT YOUR IDENTITY**

- 1 Don't carry your Social Security Card with you. Store it in a safe location.
- 2 Retrieve your mail each day.
- 3 Don't use public Wi-Fi when engaging in commercial transactions.
- 4 Shred sensitive documents like credit card offers, statements, and expired credit and bank cards.
- **5** Regularly review your credit report to catch errors and accounts being opened in your name.
- 6 Protect Medicaid, Medicare, and private insurance information. Review claims to be sure they match services received.

# PROTECT YOURSELF & YOUR IDENTITY

AN ACTION PLAN TO AVOID SCAMS & SCAM ARTISTS

istopher Friend

SSEMBLYMAN

New York State Assembly Albany, NY 12248

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I want to know what you think, call me. Contact me at: 607-562-3602 | friendc@nyassembly.gov

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As always, I'm here to listen and help. If you have questions, please give me a call.

In recent months we have had to rely more and more on the internet and technology for work, social interaction, and personal business. Here are some tips to protect you from scam artists and identity theft.

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### COVID-19 UNEMPLOYMENT IMPORTANT NOTE:

## BE SOCIAL AND SAFE

- Chose different, strong passwords for all accounts
- Password protect all electronic devices including cell phones, tablets, and laptops
- 3 Delete friend requests from strangers
- Never share your address, phone number, or financial information on social media
- 5 Vacation photos on social media can let potential robbers know you are not home
- 6 Keep your child's profile private
- Regularly review privacy settings on social media
- 8 Only share information with reputable online retailers
- 9 Share screen time with your child and practice safe online habits together
- Set time limits for online time spent by your children
- Kids younger than 13 years old should not have their own social media account
- Review your child's social media settings with them

## TIPS TO AVOID BEING SCAMMED

- Never give personal information or send money through text or email.
- 2 Ask any telemarketers to send written information about their company. Investigate any company that contacts you with an unsolicited offer.
- Send any call with high-pressure tactics such as "Act now," "Send money today," or "We need your credit card number right away."
- 4 No government agency will call to solicit money.
- 5 No government office or legitimate business will ask for a pre-paid card or money transfer.
- 6 Report scams to law enforcement.
- Report questionable telemarketers to the Federal Trade Commission: FTC.gov/complaint.
- 8 Assert yourself and ask to be taken off their list or even hang up.
- 9 Don't click a link in emails or text from an unverified source.
- Screen calls. Don't pick up numbers you don't recognize; let them go to voicemail.

# HELPFUL CONTACTS

Broome County Sheriff's Department Chemung County Sheriff's Department Tioga County Sheriff's Department New York State Attorney General

Federal Trade Commission

Federal Communications Commission National Do Not Call Registry

**MBIYMAN** 

607.778.1911 607-737-2987 ext. 104 607-687-1010 1-800-771-7755 ag.ny.gov/complaint-forms 1-877-FTC-HELP (1-877-382-4357) FTC.gov fcc.gov/consumers donotcall.gov

