

LOOK INSIDE

for information on
**Local Farmers
Markets**

ASSEMBLYMEMBER DIDI BARRETT

Supporting Our **Local Farmers**

“Local farms and farmers markets are an integral part of life in the Hudson Valley. When you visit a market this summer, you support our farms, help our economy recover and enjoy fresh locally-grown food!”

– **Assemblymember Didi Barrett**





DEAR NEIGHBOR,

Everyone deserves access to nutritious food and, here in the Hudson Valley, we are lucky to live near a variety of family-owned farms and food producers that provide fresh, healthy food to our community. However, the COVID-19 pandemic pointed out stark inequities across our state: while the Hudson Valley is rich in farmland and locally sourced dairy, meat and produce, many families live in food deserts where healthy options are few and far between.

To address food insecurity in New York, I helped pass a law to make the Nourish New York program permanent (Ch. 631 of 2021). This program reroutes New York's surplus agricultural products to the people that need them through the state's food banks and pantries, and provides much-needed support for the food producers and farmers who lost revenue due to the COVID-19 pandemic. Additionally, I fought to include \$50 million for this critical program in this year's state budget.

By shopping at farmers markets, we can support local farmers, reconnect with neighbors and friends, learn about new businesses and stimulate our local economy. The enclosed list will help you find local farmers markets in your community, many of which accept Supplemental Nutrition Assistance Program (SNAP) or Farmers Market Nutrition Program (FMNP) benefits. I'll always fight for our families and farmers to have access to the resources they need to thrive in the Hudson Valley.

Sincerely,

Didi Barrett
Member of Assembly,
106th District

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Did you know?

Community Supported Agriculture (CSA) is when a farmer offers a certain number of "shares" of their future harvest to the public. Interested consumers purchase a share and in return receive a box, bag or basket of seasonal produce each week throughout the farming season. After paying for your "share" or a membership fee, you can use your Supplemental Nutrition Assistance Program (SNAP) benefits to purchase food. SNAP benefits can only be used for food, not for the "share" or membership fee itself.

Find a farmers market near you!

Arlington Farmers Market

Vassar Alumnae Lawn
123 Raymond Ave., Poughkeepsie
Thursdays, 2 p.m. – 6 p.m.
June 2 – October 27
Accepts FMNP checks
Contact Info: 914-474-7533

Copake Hillsdale Farmers Market

Roeliff Jansen Park, Hillsdale
Saturdays, 9 a.m. – 1 p.m.
May 21 – November 19
Accepts SNAP
Contact info: 518-929-3255

New Lebanon Outdoor Farmers Market

502 US 20, New Lebanon
Sundays, 10 a.m. – 12:30 p.m.
June – End of October
Accepts SNAP
Contact info: (917) 488-1061

Chatham Farmers and Makers Market

Crellin Park, Chatham
Fridays, 4:30 p.m. – 7 p.m.
May 20 – September 20
Contact info:
chathamfarmersmakersmarket@gmail.com

Hudson Farmers Market

City Lot on Columbia St. between 5th and 6th • Saturdays, 9 a.m. – 1 p.m.
April 23 – November 19
Accepts SNAP and FMNP
Contact info: 518-300-3496

Hudson Wednesday Market

7th Street Park
Wednesdays, 4 p.m. – 7 p.m.
May 25 – October 26
Contact info:
upstreetmarket@gmail.com

Germantown Farmers Market

Palatine Park in Germantown
Saturdays, 10 a.m. – 1 p.m.
May 28 – October 29
Contact info:
germantownfarmersmarket@gmail.com

Millbrook Farmers Market

Front St., Millbrook
Saturdays, 9 a.m. – 1 p.m.
May 28 – October 29
Contact info:
millbrookmarketmanager@gmail.com

Millerton Farmers Market

Millerton Methodist Church
Corner of Dutchess Ave. and Main St.
Saturdays, 10 a.m. – 2 p.m.
May 21 – December 31
Accepts SNAP and FMNP
Contact info: 518-407-7030

Paul's Hyde Park Farmers Market

Across from Hyde Park
Town Hall • 4390 Rt. 9
Saturdays, 9 a.m. – 2 p.m.
June 4 – October 28
Some farmers accept SNAP
Contact info: 845-229-9336