

# Rebecca Seawright



*Dear Friends and Neighbors,*

*On March 8, we celebrated International Women's Day. I am proud to sponsor legislation adding the Equal Rights Amendment to the New York State Constitution! Women belong in both the Federal and New York State constitutions. Four generations of women joined me on Thursday as a call to action to make the ERA a reality at a press conference in front of our community office. Attendees, young and old, had one thing in common: they want to see equal rights for all in their lifetime.*

*Today, I was honored to be featured on a panel with women leaders at Eleanor Roosevelt High School. I shared my first experiences getting involved in politics when my 4-H leader was discriminated against for her age, and being an activist to ensure that women have a seat at the table, even if they need to bring a folding chair!*

*Join us on Tuesday, March 23 at 7 pm to honor Women of Distinction from our community on Zoom and Facebook live. We look forward to the celebration of women and their achievements in their respective fields.*

*Join us for one of the events that I am pleased to sponsor:*

- *Tuesday, March 16 at 2:00 pm by telephone- **No-Cost Housing Legal Clinic.** [RSVP here.](#)*
- *Thursday, March 18 from 12:00 pm to 2:00 pm at the District Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78/79 Streets)- **No-Cost Face Covering Giveaway.** [RSVP here.](#)*
- *Thursday, March 18 from 2:00 pm -4:00 pm on Zoom- **Virtual Knitting Social.** [RSVP here.](#)*
- *Tuesday, March 23 at 7:00 pm on Facebook live and Zoom- **Women of Distinction Awards Ceremony.** [RSVP here.](#)*

*Stay safe, wash your hands frequently, keep your social distance, and wear your face-covering! Please don't hesitate to reach out to our community office if we can be of assistance.*

**Phone:** 212.288.4607

**Email:** [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov)

*Sincerely,*

*Rebecca A. Seawright*

## Assembly Member Seawright and Four Generations of Women Mark Women's History Month With Call for Swift Passage of Equal Rights Amendment



On the occasion of Women's History Month, Seawright joined with four generations of women to call for the passage of the Equal Rights Amendment (ERA).

In March, we celebrate women's social, economic, cultural, and political achievements during Women's History Month, and now, more than ever, we need to push for the passage of an Equal Rights Amendment to our New York State Constitution. Betty Cooper Wallerstein, President of the East 79 Street Neighborhood Association, Margaret "Peggy" Price, Co-Chair of Manhattan Community Board 8 Committee on Women and Families, and Brearley Student Gabrielle Ross joined the press conference as a call to action for the Assembly to pass the Equal Rights Amendment.

The ERA would prohibit discrimination based on gender and would also guard against rollbacks of women's rights in health, employment, domestic violence, and education.



Betty Cooper Wallerstein thanked ERA Sponsor in the US House, Congresswoman Carolyn Maloney, and ERA Sponsor in the State Assembly, Assembly Member Rebecca Seawright for championing equal rights for women.



Seawright intern and constituent Gabrielle Ross said, *"It is such an experience to marvel at everything that we women have accomplished, and to imagine what wonderful things we will all do in the future. This feeling is only accentuated by being surrounded by generations of women with such fulfilling lives. Being only a teenager, this gives me a great ambition to continue achieving more."*



[Watch the full press conference by clicking here.](#)

**Celebrating Women's History Month**

ASSEMBLY MEMBER  
**REBECCA SEAWRIGHT**

Invites You To A Celebration Of

THE SIXTH ANNUAL  
WOMEN'S HISTORY MONTH  
2021 AWARDS PRESENTATION

*Women*  
**OF DISTINCTION**



**TUESDAY, MARCH 23**

**7:00PM - 8:00PM**

**ON ZOOM &  
STREAMING LIVE ON  
FACEBOOK**

**TO NOMINATE & TO RSVP:**

Email

[SeawrightR@nyassembly.gov](mailto:SeawrightR@nyassembly.gov) or  
call 212-288-4607.

**RSVP Women of Distinction Awards Presentation**

**In Case You Missed It (ICYMI)**

**Town Hall Tuesday: Senior Seminar**



## Department of Finance Homeowner's Benefits Clinic

NYC Department of Finance

Get the latest on the COVID-19 Vaccine  
Information on COVID-19 Zones  
Agency service suspensions/reductions

NYC Department of Finance

311 Search all NYC.gov websites

NYC Department of Finance

Kreyòl Ayisyen Translate Text-Size

Payments NYC Taxes Fines Ways to Save Sheriff/Courts About

Instructions: Type a question or keyword in this box, then click on your selection.

Click here for Department of Finance updates and self-service options related to COVID-19.

Pay Property Taxes Pay Parking Tickets Property Records (ACRIS) Contact Us

DOF Mike Shar...

*[Click here to watch the presentation by the Department of Finance for Homeowners benefits in New York City.](#)*

COVID-19 Vaccination Information

**All in favor of a COVID-19 vaccine,  
raise your arm.**



Biden says all adults 18 and over should be able to be vaccinated beginning May 1.

Domestic travelers will no longer be required to quarantine after entering New York from another U.S. state or territory starting April 1, though isolation is required for international travelers.

Constituents who are home bound and do not receive Meals on Wheels, lack a social worker and technological skill, should call this number and follow the prompts until they get a live person: Vaccine Reservation Call Center-[877-829-4692](tel:877-829-4692)

[Washington Post: These are the top coronavirus vaccines to watch.](#)

[Criteria for Distinguishing Effectiveness From Efficacy Trials in Systematic Reviews](#)

[Visit the New York State Vaccine Site Locator](#)

Call 1-833-NYS-4-VAX (1-833-697-4829)

or [Visit the New York City Vaccine Site Locator](#)

Call 877-VAX-4NYC (877-829-4692)

**New York State and New York-Presbyterian Hospital** vaccination site for eligible New Yorkers in Washington Heights- visit the [connect Online Patient Portal](#).

**Veterans 65+ currently enrolled in Veterans Affairs health care** can receive their [COVID vaccine through the VA](#) New York Harbor Healthcare System. Schedule an appointment at 877-877-9267.

**NYC Health & Hospitals** - Make an appointment online at any NYC Health + Hospitals location. For appointments by phone, call 1-877-VAX-4NYC or 1-877-829-4692.

To schedule a vaccination appointment at Rite Aid, Duane Reade, or Costco, please follow these links to register and check for appointment availability:

- [Costco](#)
- [Rite Aid](#)
- [Duane Reade](#)

[Sign up here to receive the latest information on the COVID19 vaccine.](#)

Free transportation to vaccine sites is available through Curb (646-349-0289) and Hunter Ambulance (718-991-2211).

## Small Business Spotlight

### *Ryan's Daughter*



When first opened in 1979, Ryan's Daughter announced herself as a "New Pub on an Old Spot". There had been a bar at 350 East 85th Street since the Prohibition Era. During that time, it operated not so much as a speakeasy or gin-joint, but a local club. Official licensing came in the late 1930's, as the "Old Stream." This German-owned watering hole catered to the residents of Yorkville until the mid-1970's. Then, in 1974, the Irish moved in. The "Old Stream" became the "Minstrel Boy," founded by an Irish-born, retired NYPD officer. The handle changed, but the regulars still sat in their same stools and kept up their old traditions. The tight-knit, community bar, continued on much the same as it had been. Then, in 1979, Ryan's Daughter was born. The new owners gave her a major facelift as well as a second bar on the upper floor. She turned a few heads, as the 1980's brought new faces to old places on the Upper East Side. The crowd came in and rubbed shoulders with the old-timers. Ryan's Daughter charmed many of them with her friendliness to all. And so they stayed on, becoming familiar faces themselves. They had found a home here next to those whose bar stools had become a birthright.

Today, almost four decades later, she still stands in the heart of historic Yorkville. Ryan's Daughter is a proud member of this ever-changing community. All grown up, she has held on to the charms of her younger days and picked up a bit of wisdom. Even a new face will feel at home when given the good service that long-time regulars have come to expect. In this way, Ryan's Daughter serves as a connection back to the tavern culture of bygone days.

Stop by 350 East 85 Street, between First and Second Avenue.

***Submit your favorite small business here to be featured in our next e-newsletter!***

## Upcoming Events



iDig2Learn presents a FREE Virtual Talk:  
**Reacquainting Yourself with the  
Native & Urban Trees of Roosevelt Island**



Guest Speaker:  
Carey Russell,  
Master Naturalist

**7pm - 8pm WED., March 24th, 2021**

Refresh your appreciation and identification skills of our local tree species just in time for spring. Carey will cover ID tips, challenges and trends of urban trees throughout NYC's history. Great for beginners and naturalists looking for a refresher.

**REGISTER** in advance using this link & receive a confirmation email with Zoom meeting details:  
<https://us02web.zoom.us/join/zoom/register/tZYkdOyprzkjG9Rgs6prK6moAZCe2gYqUVhW>

Carey Russell is the host of *The Dendro Lab*, an online course and soon to be podcast focused on *dendrology* (the study of trees). He holds a masters degree in landscape ecology and is a certified master naturalist and licensed outdoor guide in New York State. As a naturalist, Carey has worked for the U.S. Forest Service, The Nature Conservancy, and the Khangai Nuruu National Park of Mongolia. While as a filmmaker, he's a frequent collaborator with director Terrence Malick, and directed the documentary series *Tibetan Stories*. Currently, he is at work on a photography series titled *Literary Landscapes*, which documents the natural histories of real landscapes captured in literary fiction, including: *Watership Down* and *My Side of the Mountain*. He lives in New York City where he can often be found botanizing in Central Park. [careyrussell.com](http://careyrussell.com)

[iDig2Learn](#) is a project of Open Space Institute, Inc., a 501(c)3 nonprofit public charity. IG: @iDig2Learn

# DIGITAL LITERACY SESSIONS

## Taught by Cornell Tech Master's Students



### INFO SESSION

**March 08, 2021 at 1:30 p.m- EST**

**March 19, 2021 10-12 p.m- EST**

**Settings & Speed**

**The ABCs of Hardware, Data, Software,  
and more**

**March 26, 2021 10-12 p.m- EST**

**Picking Privacy**

**The ABCs of Protecting Your Phone**

**April 02, 2021 10-12 p.m- EST**

**Search & Learn**

**Googling How to do things and MOOCS:  
Massive Open Online Courses**

**To sign up for any of the lessons you must register for the  
info session at [bit.ly/DigitalLitSignUp](https://bit.ly/DigitalLitSignUp) or reach out to  
[Jane.Swanson@cornell.edu](mailto:Jane.Swanson@cornell.edu)**



**CORNELL  
TECH**

HOME OF THE JACOBS  
TECHNION-CORNELL  
INSTITUTE



Assembly  
Member  
Rebecca  
Seawright

# VIRTUAL KNITTING SOCIAL

JOIN NEIGHBORHOOD  
KNITTERS FOR CRAFTING  
AND CONVERSATION

EVERY THURSDAY ON  
ZOOM  
**2PM-4PM**

ALL SKILL LEVELS  
WELCOME

Contact the Office of Assembly  
Member Rebecca Seawright  
Call: 212.288.4607  
Email: [SeawrightReNYAssembly.gov](mailto:SeawrightReNYAssembly.gov)

**RSVP for Virtual Knitting Social on 3/19**

**ASSEMBLY MEMBER  
REBECCA A. SEAWRIGHT**



# HOUSING LEGAL CLINIC

**TUES. MARCH 16**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!



**SCAN ME TO  
RSVP!**

**EVERY OTHER TUESDAY  
AT 2:00 PM ATTORNEYS FROM  
THE LAW OFFICES OF GRIMBLE  
& LOGUIDICE, LLC WILL  
PROVIDE ADVICE ON HOUSING-  
RELATED MATTERS AT NO-COST  
FOR CONSTITUENTS OF THE  
76TH ASSEMBLY DISTRICT**

**DUE TO THE COVID-19 CRISIS, A  
VOLUNTEER ATTORNEY WILL  
HOST A ONE -ON-ONE PHONE  
SESSION WITH ATTENDEES.**

**RSVP REQUIRED:  
CALL: 212-288-4607  
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

*The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.*

**RSVP to the Legal Clinic on 3/16**

**ASSEMBLY MEMBER  
REBECCA SEAWRIGHT**

**PROTECTIVE  
FACE MASK  
GIVEAWAY**



**THURSDAYS**

**12:00PM-2:00PM**

**COMMUNITY OFFICE  
1485 YORK AVENUE  
(78/79 STREET)**

**OFFICE OF ASSEMBLY MEMBER  
REBECCA SEAWRIGHT**  
PHONE: 212.288.4607  
EMAIL:  
SEAWRIGHTR@NYASSEMBLY.GOV

**SCAN ME TO RSVP!**



**RSVP to the Face Covering Giveaway on 3/18**

[View as Webpage](#)



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/RebeccaASeawright/](https://facebook.com/RebeccaASeawright/)



[instagram.com  
/seawrightforny](https://instagram.com/seawrightforny)

