

Rebecca Seawright



Dear Friends and Neighbors,

As the month continues the number of Covid-19 cases increase along with other indicators. It is a reminder that we cannot ignore the current pandemic. We must continue to be diligent in our work to slow the spread and save lives. This week Governor Cuomo announced new restrictions that take affect tonight. These new restrictions require restaurants, bars, and gyms to close at 10pm. Restaurants will restrict the amount of people dinning together to four. Additionally, indoor residential gatherings are limited to 10 people. The Upper East Side, Yorkville, and Roosevelt Island have reported the following positive rates for their perspective zip-codes during the week of November 4th through the 10th:

- 10128 - 1.76% Positive Covid-19 test results.
- 10028 - 1.69% Positive Covid-19 test results.
- 10075 - 2.12% Positive Covid-19 test results.
- 10062 - 2.12% Positive Covid-19 test results.
- 10021 - 1.45% Positive Covid-19 test results.
- 10044 - 0.96% Positive Covid-19 test results.

This week I had the privilege of honoring women who volunteered and helped the United States efforts in World War One at a ceremony held in Central Park. Just inside Central Park at East 69th In 1925, a memorial grove of 24 trees and flagstaff were installed to pay tribute to the women who were most eager to serve their country but the least celebrated for their contributions. We recognized the all-important role women had in the war effort. With millions of men away from home, women filled manufacturing and agricultural positions on the home front. Others provided support on the front lines as nurses, doctors, ambulance drivers, translators and, in rare cases, on the battlefield. It was a privilege to honor these women and all the men and women who have sacrificed so much serving our nation this Veterans Day.

Please join us for an upcoming event that I am pleased to sponsor:

- 11/17 @ 7:00pm- **Town Hall Tuesday Focusing on Roosevelt Island.** [RSVP here.](#)
- 11/19 from 12:00pm-2:00pm- **Face Covering Giveaway.** [RSVP here.](#)
- 11/22 from 9:00am- 2:00pm- **Shred-a-thon at the 92nd Street Greenmarket @ 1st Ave.**
- 11/24 @ 4:00pm- **Housing Legal Clinic by telephone.** [RSVP here.](#)

Stay safe, wash your hands frequently, keep your social distance, and wear your face-covering! Please don't hesitate to reach out to our community office if we can be of assistance.

Phone: 212.288.4607
Email: SeawrightR@NYAssembly.gov

Sincerely,



Assembly Member Seawright speaks at the event to honor the women who lost their lives serving in World War One.



Thank you to Howard Teich, pictured above, with Assembly Member Seawright who serves as the Co-Chair of the WWI Committee for his dedication to our community and veterans.

Town Hall Tuesday will Feature Discussion about Roosevelt Island

ASSEMBLY MEMBER

REBECCA SEAWRIGHT



VIRTUAL TOWN HALL TUESDAY: ROOSEVELT ISLAND

Tuesday, November 17 @ 7:00PM



Shelton Haynes

President and CEO, Roosevelt Island
Operating Corporation



Vincent Pierce

Coler Resident and Community Activist



Jane Swanson

Assistant Director of Community and
Government Affairs at Cornell Tech



Judith Berdy

President Roosevelt Island Historical Society

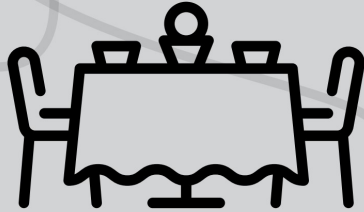
JOIN US! WATCH LIVE ON FACEBOOK:
www.facebook.com/RebeccaASeawright/

REGISTRATION REQUIRED: CALL 212.288.4607
EMAIL SEAWRIGHTR@NYASSEMBLY.GOV

COVID19 Resources



Business Resources



Multi-agency FAQ

for Indoor and Outdoor Dining
Guidelines and Regulations

Mayor's Office
of Media and
Entertainment

NYC
Office of
Regents
NYC
Small Business
Services

Nov. 2020

NYC Small Business Services (SBS)
Restaurant Reopening Guide
Call the Hotline at 888-SBS-4NYC (888-727-4692)

Free Virtual Business Compliance Consultation

Up-to-date information on the City's COVID business response

Download the *Indoor / Outdoor Dining Checklist for Open Restaurants* (PDF, English)

Find help for interpreting your Commercial Lease

Pro-bono indoor and outdoor dining design services

Gov. Cuomo announced new rules for travel to New York State last weekend, eliminating the 14-day quarantine requirement for dozens of states.

THE CITY is tracking the spread of confirmed COVID-19 infections and fatalities in New York City, based on information provided by the New York City Department of Health and Mental Hygiene, the governor's office, The COVID Tracking Project and the Center for Systems Science and Engineering at Johns Hopkins University.

The January 2021 Regents exams have been canceled. Due to COVID-19 concerns, the New York State Education Department has decided to cancel the examinations across the state to ensure the safety of both students and educators. The Education Department will also ask the Board of Regents to adopt emergency regulations and apply specific exemptions so as not to negatively impact students. A decision about the June and August exams has not been made.

Ski resorts can reopen with 50 percent indoor capacity starting this Friday, November 6th. There will be strict health and safety protocols *put in place*, including masks required at all times, except when eating/drinking or skiing/snowboarding, restricting gondolas and ski lifts to members of the same party and limiting lessons to no more than 10 people.

New Yorkers can call the State's mental health hotline at 1-844-863-9314 for free emotional support, consultations and referrals to a provider or visit the Office of Mental Health for resources.

The *COVID-19 Immigrant Resource Guide* is available in 26 languages from the *Mayor's Office of Immigrant Affairs*.

Starting Saturday, Nov. 7th, the Roosevelt Island Farmer's Market alongside the Food Scrap Drop Off will be relocating underneath the Helix, next to the Motorgate turnaround, to shelter for the winter season. While enjoying the fresh fruits and greens, a friendly reminder that the plastic bag ban is now in effect. Practice going green this weekend by bringing reusable bags when you shop. Stop by the Haki Compost Collective and drop off your Halloween pumpkins. Islanders have diverted 8,000 pounds of food scraps from landfill since Big Reuse's program was reinstated on Sept. 12th, 2020!

Rebecca
Seawright
ASSEMBLYMEMBER

NO-COST NOTARY

1485 York Avenue (78/79 Streets)



Upcoming Events

**ASSEMBLY MEMBER
REBECCA SEAWRIGHT
PROTECTIVE
FACE MASK
GIVEAWAY**



**THURSDAY, NOVEMBER 19, 2020
12:00PM-2:00PM**

**COMMUNITY OFFICE
1485 YORK AVENUE
(78/79 STREET)**

**OFFICE OF ASSEMBLY MEMBER
REBECCA SEAWRIGHT
PHONE: 212.288.4607
EMAIL:
SEAWRIGHTR@NYASSEMBLY.GOV**

SCAN ME TO RSVP!



RESERVE YOUR FACE COVERING

SHRED-A-THON

SO-GLAD-YOU'RE-BACK
92ND STREET EDITION



Assembly Member
Rebecca Seawright



Council Member
Keith Powers



Council Member
Ben Kallos

SUNDAY, NOVEMBER 22

9:00AM-2:00PM

92ND STREET GREENMARKET

(1ST AVENUE BTWN 92ND AND 93RD STREETS)



Office of Assembly Member Rebecca Seawright, 212-288-4607

Office of Council Member Keith Powers, 212-818-0580

Office of Council Member Ben Kallos, 212-860-1950

ASSEMBLY MEMBER

REBECCA A. SEAWRIGHT



HOUSING LEGAL CLINIC

TUES. NOVEMBER 24

**EVERY OTHER TUESDAY
AT 4:00 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

**DUE TO THE COVID-19 CRISIS, A
VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE PHONE
SESSION WITH ATTENDEES.**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!



**SCAN ME TO
RSVP!**

RSVP REQUIRED:

CALL: 212-288-4607

EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.

SIGN UP FOR THE LEGAL CLINIC HERE



LENOX HILL NEIGHBORHOOD HOUSE
SINCE 1894

Medicare Part D & Medicare Advantage Plan Open Enrollment Is Here!

You can only change Medicare Part D or Advantage Plan coverage between October 15 and December 7, 2020.

The Legal Advocacy Department is scheduling individual ***remote*** counseling appointments to help you select the best Medicare Advantage or Part D plan for you.

For more information or to sign up for an appointment, please contact us at 212-218-0338.

Due to COVID-19, appointments will be held remotely by phone or video conference.

NYLPI
JUSTICE THROUGH
COMMUNITY POWER

FRIED FRANK

KASOWITZ
BENSON TORRES

331 East 70th Street, New York, NY 10021 | www.lenoxhill.org



Weill Cornell
Medicine

CORNELL
TECH

HOME OF THE JACOBS
TECHNION-CORNELL
INSTITUTE

**What Does it Mean to Age Successfully: Myths &
Realities**

Monday, November 16 || 4:00-5:00 p.m.

Register for the *virtual* seminar [here](#). Zoom information provided following registration. We hope you will join us virtually!
This session, presented by Weill Cornell Medicine and Cornell Tech, will discuss recent findings about what it means to age successfully, and review basic information about “population aging.” The seminar will provide an understanding about the myths and realities of aging, as well as highlight the activities currently happening at the Weill Cornell Medicine’s Center on Aging and Behavioral Research.

Presented by: Sara J. Czaja, Ph.D.

Professor of Gerontology

Director, Center on Aging and Behavioral Research

Division of Geriatrics and Palliative Medicine at Weill Cornell Medicine



**JOIN US VIRTUALLY AS WE UNVEIL NEW RESEARCH and SOLUTIONS:
THE PANDEMIC'S DISPROPORTIONATE IMPACT ON NEW YORKERS OF COLOR 50+, AND
WHAT MUST BE DONE!**

AARP New York, the Asian American Federation, Hispanic Federation, New York Urban League, and the NAACP New York Conference cordially invite you to this important exchange of ideas on key policy recommendations in an effort to find equitable solutions and social justice for those most adversely impacted by the pandemic.

Disrupt Disparities 3.0 research delves into the disproportionate impact of the pandemic on New Yorkers of color over the age of 50 in long-term care, food insecurity, and affordable housing. The report provides solid recommendations for policy makers and elected officials on what can and should be done as a remedy.



Your perspective is crucial to this important discussion and we hope to count with your participation on:

Date: Tuesday, November 17, 2020

Time: 10:00 AM- 12:15 PM

To register please click [here](#)

Disrupt Disparities 3.0 is the latest in a multiyear effort that aims to provide actionable solutions to level the playing field in health care, financial security, and livable communities for New York's communities of color.



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