# Donate **blood**
## Save a life

**JOIN**
Assemblyman
## John Mikulin
at his community
**Blood Drive**

ASSEMBLYMAN
## JOHN★MIKULIN

**Assemblyman John Mikulin, along with Long Island Blood Services, is conducting a blood drive.**

**Thursday, July 26**
**2:30 - 8:30 p.m.**
**Levittown Fire Department**
**120 Gardiners Avenue**
**Levittown, NY 11756**

Hospitals are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

**+ Bring your blood donor card or valid photo or signature I.D.**

**+ Weigh at least 110 lbs**

**+ Be age 16-75 (16-year-olds must have parental consent, adults age 76 and older must have a doctor's note)**

**+ Eat well and be hydrated prior to your appointment**

**+ Not have gotten a tattoo within the past 12 months (unless applied in New Jersey)**

⬡ **Long Island** *Blood Services*

Please call Assemblyman Mikulin's office to schedule an appointment, for questions/ concerns or for information on any state issue:

**516-228-4960**

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Suite 202
East Meadow, NY 11554
mikulinj@nyassembly.gov

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